

An abstract background with a textured, painterly appearance. The colors transition from a light green on the left to a bright yellow in the upper center, then to a warm orange and finally a vibrant red and magenta on the right. The texture is reminiscent of a canvas or a fine-grained fabric.

Is it ok to be different?

PHILOSOPHY: LESSON 4

We are all
different!



There are lots of people in the world, each one of them are different.



There's no one quite like you!



Can you think of some of the things that make us different?

What makes
us different?

Hair colour

Eye colour

Skin colour

Religion

Age

Height

Where we live

Our likes and dislikes

And so many more!

Our skin colour

We're going to be focusing on why people have different skin colours.

Why do you think that we might have different skin colours ?



Skin tone

Our skin tone is inherited from our parents and grandparents.

That means that your skin tone is similar to your parents because you got it from them when you were born.



Skin tone: Melanin

The skin tone that your family has is based upon how much melanin your body makes.

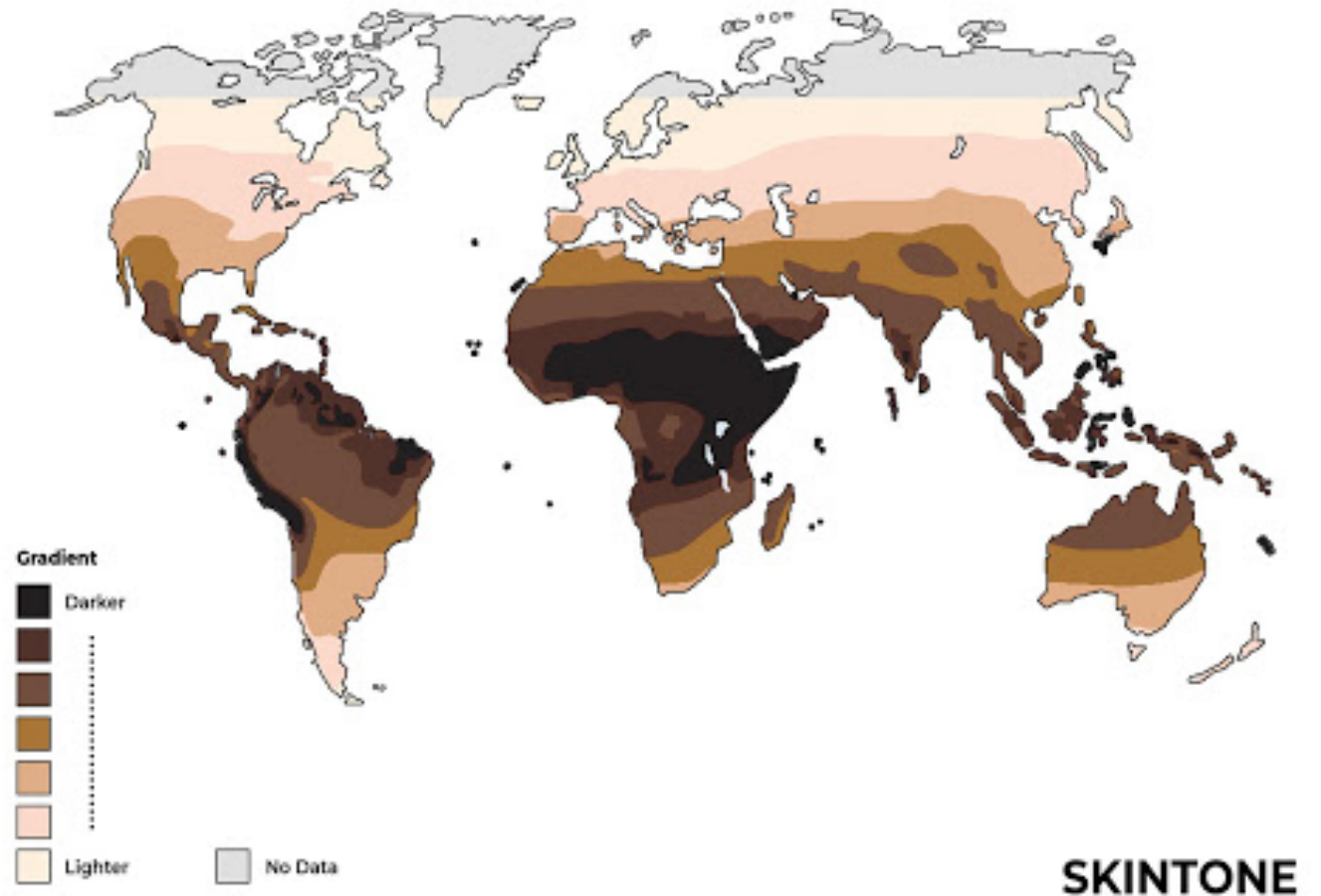
Melanin is produced in our bodies to block out the harmful UV rays that the sun gives off.

UV is harmful to us, it can give us sun burn and damage our skin.

If you live in a hot place or your family are originally from a hot place, where there are more harmful UV rays, your skin tone is likely to be darker.

Watch for further understanding:

<https://www.youtube.com/watch?v=GFElsePqfwU>



Activity

1. Watch/ read along with the story 'the colour of us'

<https://www.youtube.com/watch/679Sw4IACAk>

2. Lena has many names to describe the different shades of skin tones she see's, such as cinnamon, chocolate, honey, coffee, toffee, and butterscotch.

Can you tell me more about these different shades? What colour is chocolate? What about honey?

How would you describe your skin? What would you compare it to? Can you come up with a name?

(eg. Chocolate cake, honey gold, vanilla ice cream)

Final thoughts



Our skin colour makes us different



Our skin colour is only different because of a chemical in our skin called melanin



Does it matter that our skin is different colours?



Is it ok that we are different?