

## COJO - Mission 7 - Tuesday 2nd March 2021.

**Task Mission:** To raise money for charity.

**Brief:** Sir Ranulph Fiennes has raised over £14 million for UK charities. In 2015, he completed Marathon Des Sables in aid of Marie Curie and has also raised money for many other charities including the Multiple Sclerosis Society and British Heart Foundation. Sir Ranulph put his determination to good cause - raising money for charity. During this mission, you will do the same by designing your own obstacle course!

**What you need:** various items from your house or your garden.

**Action Plan:** Think of ways that we could raise money for a charity. Decide on a charity to sponsor.

You are going to design an assault course, using the items from your home or your garden, which you will complete for a given number of laps and do it to raise money for charity through sponsorship from your family! Make sure, you take photos of your obstacle course and of yourself completing it.

**How to do it:**

Put different items on your obstacle course and decide what you need to do with each obstacle (jump over it, walk around it, pick it up etc.). Decide on how many laps of your obstacle course you want to do. Look at the different photos of obstacles course to get some ideas. You also need to choose what charity your are going to support, it can be "Children in Need" "Macmillan Cancer Support" "Comic Relief" or other of your choice.



**Answer the following questions:**

Why is important to raise charity for those who need it?

How much money did you raise for the charity we chose?

Which element of the mission was more difficult - the design of the course; organisation of sponsorship or participating in the sponsored event? Which behaviours did you need to use in these different stages?

How does helping a charity make you feel inside?