

## F2 PE lesson 11/02/21

### Andy's Wild Workouts

Andy travels to the Freezing Arctic to see what he can find. He leaps with an Arctic fox, swims with eider ducks before meeting a huge, hungry polar bear.

Can You go on an Arctic Adventure with him ?

<https://www.bbc.co.uk/iplayer/episodes/p06tmmvz/andys-wild-workouts>

